

**SMASHED AVO ON RYE** <sup>(GFO, V)</sup> 18

Poached egg, pea, mint & feta with wasabi pea crumble

**MANLY WINE BACON & EGG BURGER** <sup>(GFO)</sup> 15

Milk bun, double eggs, double bacon, wild rocket, cheddar, tomato jam

**OVERNIGHT OATS** <sup>(V)</sup> 13

Bircher muesli, seasonal stewed fruit, yoghurt, toasted coconut & nuts

**CORN AND ZUCCHINI FRITTERS** 17

Add bacon +4.5

Add smoked salmon +4.5

**EGGS BENEDICT** <sup>(GFO, V)</sup> 18

Poached eggs, Paprika hollandaise, grilled muffin, spinach

**BACON BENEDICT** <sup>(GFO, V)</sup> 22

Poached eggs, Paprika hollandaise, grilled muffin, spinach, bacon

**SALMON BENEDICT** <sup>(GFO)</sup> 23

Poached eggs, Paprika hollandaise, grilled muffin, spinach, smoked salmon

**SALMON GRAVLAX** <sup>(GFO)</sup> 22

Poached eggs, beetroot hummus, sourdough

**EGGS ANYWAY** <sup>(GFO)</sup> 13

2 eggs how you like it, served on toasted sourdough

**SHAKSHUKA** <sup>(GFO)</sup> 19

Eggs baked in spiced capsicum and tomato, feta, turkish

**THE MANLY BREAKFAST** <sup>(GFO)</sup> 25

Eggs your way, tomato, chorizo, house made beans, bacon, hash brown, field mushroom, toasted sourdough

**THE VEGE BREAKFAST** <sup>(GFO, V)</sup> 25

Eggs your way, tomatoes, avocado, spinach, house made beans, hashbrown, field mushrooms, toasted sourdough

**TOAST WITH JAM/SPREADS** <sup>(GFO, V)</sup> 5.5

**FRUIT TOAST** <sup>(V)</sup> 5.5

**BANANA BREAD** <sup>(GF, V)</sup> 7

**FRESH PASTRIES** <sup>(V)</sup> 4.5

**LOAD IT UP** 4.5

Garlic mushrooms

Hash brown

Bacon

Smoked salmon

Toasted sourdough/rye <sup>(GFO)</sup>

Egg anyway

Fried tomato

House made baked beans

Avocado ½

Spinach

Grilled chorizo ½