

SMASHED AVO ON RYE (GFO, V) 18

Poached egg, pea, mint & feta with wasabi pea crumble

MANLY WINE BACON & EGG BURGER (GFO) 14.5

Milk bun, double eggs, double bacon, wild rocket, cheddar, tomato jam

OVERNIGHT OATS (V) 13

Bircher muesli, seasonal stewed fruit, yoghurt, toasted coconut & nuts

CORN AND ZUCCHINI FRITTERS 17

Add bacon +3
Add smoked salmon +4

EGGS BENEDICT (GFO, V) 18

Paprika hollandaise, grilled muffin, spinach

Add bacon +3
Add smoked salmon +4

SALMON GRAVLAX (GFO) 22

Poached eggs, beetroot hummus, sourdough

EGGS ANYWAY 12

2 eggs how you like it, served on toasted sourdough

SHAKSHUKA (GFO) 19

Eggs baked in spiced capsicum and tomato, feta, grilled flatbread

THE MANLY BREAKFAST 25

Eggs your way, tomato, chorizo, house made beans, bacon, hash brown, field mushroom

THE VEGE BREAKFAST 25

Eggs your way, tomatoes, avocado, kale, house made beans, pumpkin hash browns, field mushrooms

TOAST WITH JAM/SPREADS 5.5

FRUIT TOAST 5.5

BANANA BREAD 7

SELECTION OF FRESH PASTRIES 4.5

LOAD IT UP 4.5

Garlic mushrooms

Hash brown

Bacon

Smoked salmon

Toasted sourdough/rye (GFO)

Egg anyway

Fried tomato

House made baked beans

Avocado ½

Spinach

Grilled chorizo ½