



GOOD  
MORNING  
MANLY

*manly wine*

# GOOD MORNING MANLY

## HOT PLATES

- 14.5 MANLY WINE BACON & EGG BURGER\*  
*double eggs, double bacon, milk bun, wild rocket, melted cheddar, tomato jam (DF) (NF) (GFO)*
- 24 CRAB & SWEET CORN SCRAMBLE  
*w/ chilli, lime and coriander on soy quinoa toast (NF)*
- 16 ANCIENT GRAIN BOWL  
*green kale w/ macadamia pesto, orange, dukkah, poached eggs (DF)*  
add haloumi 19.50
- 25 THE BIG MANLY  
*scrambled or poached eggs with sourdough pork sausage, grilled tomato, bacon, beans, hash brown, mushies*
- 18 SMOKE SALMON ROSTI  
*w/ potato and capsicum rosti, pickled, cucumber, horseradish crème fraiche (NF) (GFO)*
- 18.5 SMASHED AVOCADO BRUSCHETTA  
*w/ heirloom tomato salsa, poached eggs, feta, smashed avocado on toasted sourdough (GFO) (NF) add chorizo 22*
- 17 BRIOCHE CINNAMON FRENCH TOAST  
*w/ lemon curd, raspberries and mango (NF)*
- 12.5 EGGS ON TOAST  
*scrambled or poached eggs on sourdough or quinoa soy toast (GFO)*

## EXTRAS

- 4.5ea *avocado, bacon, tomato, pork & fennel sausages, sauteed kale, mushrooms, chorizo, smoked salmon, ranch beans, hash brown, haloumi*
- 4.5ea SELECTION OF FRESH PASTRIES  
*seasonal friands, Portuguese tarts, daily frittata, croissants & pastries*

## EGGS BENNY

- 21 PIGGY BENEDICT  
*double smoked ham, poached eggs, muffin, hollandaise (GFO) (NF)*
- 21 SALMON ROYALE  
*smoked salmon, poached eggs, muffin, hollandaise (GFO) (NF)*
- 21 HUEVOS BENEDICTOS  
*ranch beans, avocado, chilli salt, poached eggs, muffin, hollandaise (GFO) (NF)*



## TOAST, OATS & FRUIT

- 5.5 TOAST  
*with house made jams and spreads. Your choice of sourdough, fruit or quinoa and soy breads\**
- 6 GLUTEN FREE BANANA BREAD\*
- 13 SEASONAL FRUIT PLATE  
*fresh honeycomb, greek yoghurt\* (GF) (NF)*
- 13 OATS IN A JAR  
*bircher muesli, berries, yogurt, toasted coconut & nuts\**
- 18 VANILLA BUTTERMILK PANNA COTTA  
*w/ acai, granola, summer berries*

\*Available until 12pm

GF - GLUTEN FREE  
GFO - GLUTEN FREE OPTION  
DF - DAIRY FREE  
NF - NUT FREE

BREAKFAST MENU AVAILABLE  
FROM 7AM - 11AM  
TAKE AWAY AVAILABLE UNTIL 12PM

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## SUPER SMOOTHIES

- SML / LRG  
7 / 10 GOING BANANAS  
*banana, honey, greek yoghurt, milk, cinnamon*
- 7 / 10 MIXED BERRY  
*mixed berries, honey, greek yoghurt, milk*

## NOT COFFEE

- 4.5 TEARDROP TEAS  
*English breakfast, earl grey, malabar chai, lemongrass & ginger, peppermint, chamomile. honeydew green*
- 6 COCO COAST COCONUT WATER

## COFFEE

- SML / LRG  
3.6 / 4.6 DIMATTINA COFFEE  
*cappuccino, latte, flat white, macchiato, espresso, long black, hot chocolate*
- 0.6 EXTRA SHOT
- 0.6 ALMOND / SOY MILK
- 0.6 SINGLE ORIGIN

## JUICE

- 4.5 SELECTION OF HOUSE JUICES  
*orange, cranberry, pineapple, apple or tomato*
- 9.5 BOTTLED ORGANIC JUICE  
*banana & mango, apple & guava, 'Mean Green', classic orange juice, apple, beetroot & carrot or apple, ginger & carrot*

## BREAKFAST COCKTAILS

- 12 "THE MANLY MARY"  
*Belvedere vodka, horseradish, tomato juice, spices*
- 17 "THE MANLY MARIA"  
*Hornitos Tequila, horseradish, tomato juice, spices*
- 12 VIRGIN MARY  
*tomato juice, horseradish and spices*
- 14 PASSIONFRUIT BELLINI  
*prosecco, passionfruit*
- 12 MIMOSA  
*sparkling wine, orange*